







We are glad to welcome and invite you to the ITF Taekwon-Do competition

SITA OPEN 2025

organized by
Serbia International Taekwon-Do Association
Taekwon-Do club "TAE-LO"

GENERAL INFORMATION

DATE: 31.05.2025.

Location: Sportski Centar "Lagator", Milosa Pocerca 58,15300 Loznica, Serbia

Entry fee: 30e per competitor + 15e for double category

Online check-in: www.tkdbih.ba

Entry deadline: Wednesday 28.05.2025.

Draw: 30.05.2025.

Weighing: Friday 30.05.2025. (17-20h) and 31.05.2025. (07.30h–09.00h)

CONTACT Serbia International Taekwon-Do Association

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Master Nenad Vrekic, tehnical director and main referee: +381 659080370, vrekicn@gmail.com

Do not hesitate to contact us, we will be happy to help. We wish you efficient preparation and successful competition.

SCHEDULE OF EVENTS

07:30h - 09:00 h - Weighing

09:00h - Referee and coach meeting

09:30h - Opening ceremony and beginning of competition

13:00h - Lunch break

14:00h - Competition Continue

at the end - BEST OF THE BEST

















AGE CATEGORIES

KIDS: up to 8 years - born 2016. and younger

CHILDREN: 9-11 years - born 2013., 2014. and 2015. **PRE-JUNIOR: 12-14 years** - born 2010., 2011. and 2012. **JUNIOR: 15-17 years** - born 2007., 2008. and 2009.

SENIOR: 18+ years - born 2006. and older

PATTERN

KIDS(male and female)

yellow belt 8 and 7 GÚP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun

CHILDREN (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang

PRE-JUNIOR (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN and above Chon Ji to Ge Baek

JUNIORS (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN Chon Ji to Ge Baek II DAN and above Chon Ji to Juche

SENIOR (male and female)

yellow belt 8 and 7 GUP Chon Ji to Dan Gun green belt 6 and 5 GUP Chon Ji to Won Hyo blue belt 4 and 3 GUP Chon Ji to Joong Gun red belt 2 and 1 GUP Chon Ji to Hwa Rang I DAN Chon Ji to Ge Baek II DAN Chon Ji to Juche III DAN and above Chon Ji to Choi Yong

SPARRING

KIDS (2x1.00 min/pause 30 sec) female: -25 kg, -30 kg, +30 kg male: -25 kg, -30 kg, +30 kg

CHILDREN (2x1.00 min/pause 30 sec)

female: -25 kg, -30 kg, -35 kg, -40 kg, +40 kg male: -30 kg, -35 kg, -40 kg, -45 kg, +45 kg

PRE-JUNIOR (2x1.50 min/pause 30 sec)

female: -35kg, -40kg, -45kg, -50kg, - 55kg, +55kg male: -40kg, -45kg, -50kg, -55kg, - 60kg, +60kg

JUNIORS (2x2 min/pause 1 min)

female: -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg male: -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg

SENIOR (2x2 min/pause 1 min)

female: -50kg, -55kg, -60kg, -65kg, -70kg, +70kg male: -57kg, -63kg, -69kg, -75kg, -81kg, +81kg

















RULES

Rules according to the ITF (https://itftkd.sport/rules/)

Coaches must wear a training suit and indoor sport shoes.

Equipment: All participants must wear official ITF dobok and protective equipment according to ITF rules.

- Helmet (blue or red depending to the draw)
- hand and foot equipment (color is not important)
- In all sparring category, the competitors must use openhanded gloves without bandage.

Electronic scoring system will be used during the matches.

In the elimination rounds, competitors perform one, and in the finals two forms. Forms are assigned by the referees. If competitors hold different ranks, the highest form of the lower-ranked competitor can be assigned.

During weigh check will be NO TOLERANCE!!! Penalty for modification category 20 Eur. Also breaks the weighing rules for the category that is applied for, will be automatically transferred into higher category.

Individual Pattern or Sparring categories with less than four (4) competitors could be merged with another category, if coaches approve that.

In case of Pattern: this new category will use the patterns appropriate to the lowest rank.

















REFEREES

Referees will be very well paid, according to quality and knowledge. Only the best will be selected. We want to emphasize that our idea is to make competition with the best referees in order to have the highest quality judging. Deadline for referee's check-in is 29.04.2025. Also, referees who come day before have free accomodation, breakfast and lunch. Referees who intend to apply, please contact the organizers by Email or phone (viber & whatsapp).

PROTEST

The official protest note must be written in 5 minutes after match and presented to the referee president after paying an amount of 50 Euro. In the case of a positive resolution on the protest, the money will be refunded. Only accredited coach can proceed with official protest note!

ACCOMMODATION

Please contact the organizer in time if you want us to help with accommodation. Also, you can find accommodation on your own via Booking.com, Airbnb.com...

AWARDS

Medals and diplomas will be awarded for: 1st, 2nd and 2 x 3rd place. The best participants in their category will be awarded with a cup, also the best clubs (I, II and III place).

LUNCH

The organizer will provide lunch for referees and coaches in the restaurant, and there will be a lunch package for all competitors.

In accordance with religious customs, contact the organizer so that the lunch is adequately prepared.

















At the end of the day, competition spectacle will be organized between winners of senior sparring groups (at least 4 competitors).





Loud music, light show and special effects give adrenaline to all





Prizes:

the best female competitor

150e

the best male competitor













